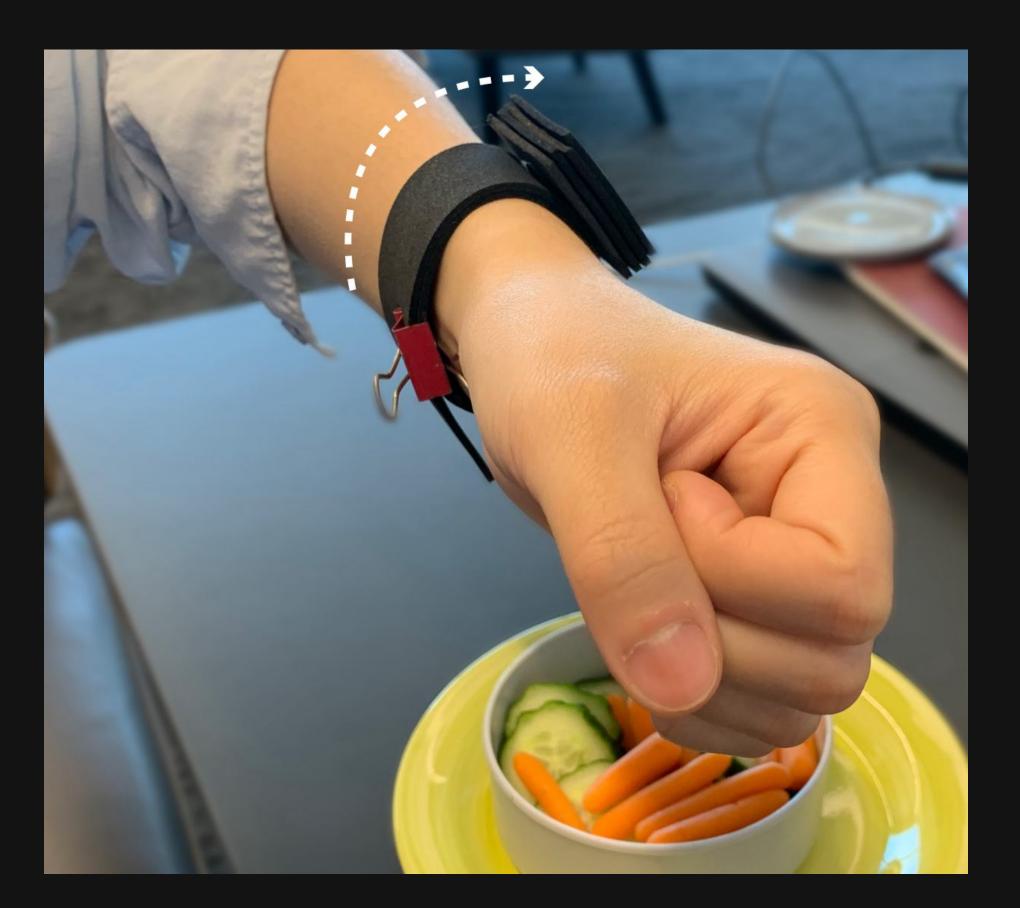
## User Research - What is the most convenient way to log meals

3/5 users think lifting arms is the most comfortable posture, comparing to twisting their arms to take a picture.



Lifting the arm, 3 out 5 preferred



Twisting the arm, 2 out of 5 preferred